

# Speech Pathology and Mental Health

One in five Australians over the age of 16 will experience mental illness each year.



People with communication difficulties are at a much greater risk of developing social, emotional and/or behavioural difficulties.



30-65% of people in mental health services have difficulties eating/drinking which can be life-threatening.

Over 80% of children with emotional and behavioural disorders have a previously unidentified communication difficulty.



Over 60% of adults in mental health services have communication difficulties.

One in seven children and young people in Australia experience mental or behavioural problems each year.



**Speech pathologists improve communication and swallowing of people of all ages living with mental illness.**